

Randolph Public Schools

"Building Tomorrow, Today"



Office of the Superintendent

PH: (781) 961.6200
FAX: (781) 961.6295

Administration Building
40 Highland Avenue
Randolph, MA 02368



Codman Square
Health Center

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If you have any questions, please feel free to contact:

Alpha Sanford (she/her/hers/siya)

Chief of Development and Student Services
Randolph Public Schools
(781)-961-6247

First-Ever Telebehavioral Therapy Program Launches This Week in Partnership with Codman Square Health Center, Randolph Public Schools, and Brookline Center for Community Mental Health



Randolph, MA – Codman Square Health Center, Randolph Public Schools, and The Brookline Center for Community Mental Health are excited to launch our first school-integrated telebehavioral therapy initiative for students, starting this week.

This groundbreaking program provides secure, remote therapy sessions with a licensed clinician, enabling students to access evidence-based care from school or at home. It builds on Codman Square's school-based services at Randolph High School and integrates with Brookline Center for Community Mental Health's proven model for navigating mental health challenges.

“Randolph students now have access to the same evidence-based telebehavioral health model that's already reaching thousands of students across Massachusetts,” said Carla Gonçalves, Director of the Massachusetts School-Based Telebehavioral Health Pilot at The Brookline Center for Community Mental Health. “By partnering with Codman Square and Randolph Public Schools, we're proving what's possible when community-based mental health centers, and schools work together to put students first. Mental health care shouldn't require a parent to miss work, a student to find transportation, or a family to navigate a complex system. This partnership removes those barriers entirely—bringing licensed clinicians directly to students wherever they are. It's not just a new service. It's a new way of thinking about how young people access care.”

Tamara Leroy-London, MSW, LICSW, the behavioral health manager at Codman Square Health Center at Randolph High School, is excited for the impact the program will have. “Telebehavioral health has become an essential lifeline. It removes barriers such as transportation, schedule demands, and stigma, and allows students to access care when and where they need it most,” Leroy-London says. “For many communities, virtual behavioral health services aren't just convenient, they're critical to ensuring timely, equitable access to behavioral health care.”

Students' needs do not stop at the school building. In the telebehavioral health program, clinicians will be able to reach students when school is not in session, and they can serve students who may not be willing to access care at school. “By meeting students where they are, virtual care can increase privacy, and help young people access mental health support early, before a challenge becomes a crisis,” says Leroy-London.

The partnership's Key features:

- Confidential, individualized sessions using cognitive behavioral therapy and other proven methods.
- Seamless coordination with Codman Square's clinical, academic, and family supports.
- Year-round access, complementing on-site services.

Dr. Thea Stovell Herndon, Superintendent of Randolph Public Schools stated, *"This partnership delivers essential resources to help our students thrive."*

For more information or referral, contact the following lead staff:

- Eleanor Forbes - Randolph High School
- Tamara Aridou, Community Health Worker, Codman Square Health Center at Randolph High School or visit [this site](#).