



## Early Psychosis Services Hub Psychologist (PhD or PsyD)

### About the Brookline Center

The Brookline Center for Community Mental Health is a leading provider of mental health care and social services for adults and children. The Brookline Center has long played a significant role in expanding access to mental health care in the community, and the pandemic has only heightened these needs.

Beyond our provision of high quality, affordable outpatient care, the Brookline Center creates and operates nationally recognized, innovative mental health programs through partnerships with schools, community agencies, and healthcare providers in Greater Boston, across Massachusetts and, increasingly, nationwide. In response to the ongoing crisis in mental health care access, the Center is poised for significant strategic growth in the coming years.

### Early Psychosis Service Hub

**CEDAR Clinic:** *Direct service delivery and ongoing CSC treatment for individuals and families affected by early psychosis.*

**M-PATH:** *Early identification, outreach, consultation, and pathway-to-care navigation for early psychosis.*

M-PATH is a referral and triage service that emphasizes community education, consultation, and care coordination across systems including schools, primary care, emergency departments, behavioral health providers, and youth-serving organizations. The CEDAR (Center for Early Detection Assessment and Response to Risk) Clinic is a program of the Brookline Center, located at 41 Garrison Road in Brookline, MA. CEDAR offers coordinated specialty care for youth and young adults at clinical high risk for psychosis and their families to stem the progression of illness and deter disability. Core components of CEDAR's mission include expanding equitable access to care, community outreach and education, clinician training, and supporting research in the field of early psychosis. We are committed to implementing and improving equitable and inclusive clinical policies and procedures that foster and support diversity in both staffing and delivery of care.

Learn more about our work and impact at [www.brooklinecenter.org](http://www.brooklinecenter.org).

### Position Summary

We are seeking a licensed or soon to be licensed psychologist (PhD or PsyD) for a part-time (0.6 FTE) psychologist position within the Early Psychosis Service Hub, a program of Brookline Center for Community Mental Health.

At CEDAR, the psychologist will be a member of the core clinical team, focusing on evaluation and treatment of teens and young adults experiencing symptoms risk for psychosis, or Clinical High Risk for Psychosis (CHR-p). The fellow will conduct one comprehensive clinical evaluation per month and carry a caseload of individual, family therapy clients and run one group.

At M-PATH, the psychologist will participate in case consultations with community providers (e.g., outpatient therapists, integrated behavioral health providers, high school and college counselors, etc.) about young people with suspected symptoms of psychosis. The psychologist will also participate in consultations with families of young people with psychosis, offering psychoeducation and coaching to assist them in better supporting their young person.

The clinician serving in this role will receive specialized training in the assessment and treatment of risk for psychosis. Our primary framework for treatment is coordinated specialty care (CSC), with skillful use of multiple treatment modalities including CBT, ACT, and DBT. The fellow will learn the Structured Interview for Psychosis Risk Syndromes (SIPS), along with other clinical and research assessments. Additional educational opportunities in the emerging science of early intervention for psychosis and major mental illness are available on a regular basis.

To support the mission of community education and training, the psychologist, along with clinic staff, provide supervision to graduate student trainees at CEDAR, participate in the development and implementation of CEDAR's weekly didactic training seminar, and provide outreach presentations and case consultations to our community partners in schools, hospitals, and mental health centers. There will also be an opportunity to engage in program evaluation of the CEDAR clinic.

**Duties and Responsibilities:**

- Conduct and supervise specialized intakes and consultations; provide feedback and psychoeducation to youth, families, and community providers, specifically focusing on building partnerships with DYS and DCF
- Work to develop autism integrative assessments
- Provide individual, family and group treatment to CEDAR clients
- Participate in training and seminars at CEDAR and in community settings
- Participate in ongoing research activities and/or program evaluation at the CEDAR Clinic
- Supervise treatment provided by trainees and other staff
- Provides individual and family and care coordination with members of the CEDAR team and external providers
- Conducts consultations through M-PATH
- Participates in academic and program development activities such as updating educational curricula, contributing to journal articles and reports, and supporting dissemination of program outcomes and best practices.

**Qualifications:**

- At least two years of relevant experience in clinical work with young people with major mental health issues or psychotic illnesses. The ideal candidate will have experience working with adolescents and their families, an understanding of psychotic disorders, and familiarity with Boston-area youth services and schools.
- Strong verbal, organizational, and writing skills, attention to detail and ability to write clearly and complete collateral work in a timely manner.
- Commitment to providing quality behavioral mental health services to diverse and underserved communities.
- Fluency in another language (e.g., Spanish) is a plus.

**Salary, Hours and Benefits:**

Salary range:

Placement within this range will depend on factors including the candidate's relevant experience, demonstrated skills, alignment with the role's responsibilities and internal equity. While the posted

range represents our good-faith expectation of compensation for this position, the actual salary offered may fall toward the lower end of the range for individuals who are still developing skills or experience aligned with the role's full scope.

This is a part-time salaried position, 25 hours/week including 1-2 evenings/week.

Benefits:

- Employer matched 403(b) Plan
- Health Insurance, Dental and Vision
- Healthcare FSA and Dependent Care FSA, and Health Savings Account
- Paid Family Medical Leave benefits
- Generous Vacation (3 weeks first year, 4 weeks 2<sup>nd</sup> year) Sick (3 weeks) and Personal Time (4 days)
- 12 Paid Holidays and 1 Floating Holiday

Also included is extensive clinical supervision from senior clinicians.

#### ***Equal employment opportunity***

*The Brookline Center is an equal opportunity employer, committed to workplace diversity. All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age, or veteran status.*