



**The Challenge: early recognition and treatment of psychosis in adolescents.** Research has shown that the quicker kids with psychosis get into treatment, the better their long-term outcomes. *Early treatment is life changing.*

Clinicians often don't know how best to respond when working with a youth with symptoms of psychosis. Massachusetts has an extensive network of specialized programs for youth and young adults with psychosis, but it is difficult for families or clinicians to navigate this system.

**Meeting the Challenge:** M-PATH (Massachusetts Psychosis Access and Triage Hub) is a new state-wide referral and consultation service that will help clinicians, families and youth get connected to services. M-PATH is free and is available to anyone concerned about early psychosis for themselves, their loved one, or their client.

M-PATH has a skilled, dedicated team of mental health clinicians who specialize in working with youth, young adults, and families who are experiencing early psychosis.

### **What We Do**

**For clinicians:** Immediate access to consultation and guidance for professionals who are concerned their adolescent or young adult client may be experiencing symptoms of psychosis. We are eager to hear from clinicians who:

- Have questions about psychosis.
- Are unsure if a client they are working with has psychosis.
- Are working with a client with psychosis and would like to consult about care.
- Are seeking to refer a client they are working with to a specialized early psychosis program in Massachusetts.

#### **Some examples of how we can help:**

- Providing diagnostic consultation and education regarding risk for psychosis and early psychosis.
- Providing ongoing consultation for long-term work with youth and families with early psychosis.
- Facilitation of referral to specialized psychosis treatment.

**For youth and their families:** We help individuals and families get quick access to specialized services in their community. This includes:

- Triage to help determine which services would be the best fit.
- Navigation to coordinated specialty care, including first episode or clinical high for psychosis programs.
- Care coordination throughout the referral process.
- Peer and family support and education.

**Contact us via phone, email, or our secure contact form on our website:**



617-927-9809



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[www.mpathcares.org](http://www.mpathcares.org)

*M-PATH is a program of the Brookline Center for Community Mental Health and is funded by the Massachusetts Department of Mental Health and other private foundations; this means that there is **no cost** to you or your client.*