

The Brookline Center for Community Mental Health
Group Therapy Postdoctoral Fellow
2022/2023

The Psychology Department of the Brookline Community Mental Health Center will offer **two** post-doctoral training positions for aspiring psychologists during the 2022/2023 training year with specializations in **group therapy** and **neuropsychology (separate job posting)**.

About the Brookline Center:

Founded in 1958, the Brookline Community Mental Health Center is an independent, non-profit agency that offers both outpatient and community based programs to Brookline and Greater Boston, especially to residents with serious mental illness and limited access to care. The Center provides 40,000 visits annually to over 3,700 clients. The Center is Brookline's leading safety net provider and promotes culturally responsive care to a complex population. As a leader in creating integrated and innovative programming, the Center is increasingly recognized regionally and nationally for promoting new models of care for high risk populations of children, adolescents and adults.

About Training at the Brookline Center:

For decades, The Brookline Center has offered a broad and rich array of pre- and post-graduate clinical training opportunities to aspiring psychology and social work students at various points in their professional education. In recent years the Center began offering a formal training track for post-doctoral psychologists.

About Clinical Training & Orientation:

Training prospective doctoral level psychologists in the direct practice of clinical services has been a primary focus of the staff psychologists at the Brookline Center for decades. The Brookline Center welcomes clinicians trained in, and practicing from, a variety of theoretical orientations. The Center was founded over 50 years ago by clinicians with a strong psychodynamic background; today, this psychodynamic background remains a cornerstone of modern psychology training at the Center which has evolved toward a predominantly relational psychotherapy model, integrating many evidence-based practices within a culturally sensitive biopsychosocial frame. Many clinical fellows in the past have found the Center to be an exciting place to establish their identities as psychotherapists while enriching their clinical thinking with a variety of new ideas and perspectives.

About the Postdoctoral Psychology Positions:

Each postdoctoral fellowship is a full-time (40 hrs. per week) position with salary and benefits. Inquire for details. For the 2022/2023 training year, we offer positions with specializations in group therapy and neuropsychology testing (separate job posting). *Each specialization will comprise between 10-20 hours per week in its respective focus, supplemented by additional clinical responsibilities.* Based on applicants' interests and experience, additional clinical work can be negotiated to include a mix of individual and couples/family work. Individual therapy may involve adults, adolescents, and/or children based on need and experience. There may also be opportunities involving school-based and/or in-home therapy.

Postdoctoral positions are designed to provide an overall total of approximately 26 hours of direct service work per week with individual and group supervision, plus an array of robust didactic opportunities. In addition to direct, individual supervision with senior psychologists, post-docs will have the opportunity to participate in two or more seminars and training experiences. In some cases, opportunities to develop supervisory experience may be available. The placement will run for one year starting either in July or September of 2022.

General Candidate Qualifications:

The Brookline Center seeks highly qualified candidates who demonstrate excellence in all areas of professional practice. Applicants should review the description below and recognize these attributes in themselves, in addition to recognizing what else they may want to contribute as valued members of a psychology department.

Applicants should have a doctoral degree in Clinical or Counseling Psychology (Ph.D. or Psy.D.) from an APA-accredited program and have completed a pre-doctoral internship; an APA-accredited predoctoral internship is preferred. We are seeking applicants with excellent clinical skills and demonstrate the flexibility to work with a multi-disciplinary team of providers. Candidates should be conscientious and organized, and we welcome personable, collaborative individuals. Candidates who have experience and skills in working with individuals from diverse and disadvantaged backgrounds are preferred, and applicants who are fluent in languages other than English are encouraged to apply (e.g., Russian, Spanish, Chinese, Greek).

The Brookline Center is an equal opportunity employer and affirms the right of every qualified applicant to receive consideration for employment without regard to race, color, religion, sex, gender identity or expression, national origin, sexual orientation, genetic information, disability, age, ancestry, military service, protected veteran status, or other groups as protected by law.

Specializations

Group Psychotherapy

Description

This position provides early career psychologists with rich opportunities to develop excellence in group therapy. Postdocs will be involved in a combination of leading and co-leading groups for adults, adolescents, and/or children. Clinical responsibilities will involve a variety of types of group, including psychodynamic process groups, psychoeducational groups, and/or semi-structured skills based children's groups with the expectation of running at least three different groups. This position will also carry a caseload of at least 19 individual clients (children and/or adults, per interest and need), which will include a mix of short- and long-term cases. Postdocs will be expected to participate in team meetings and seminars related to group therapy. The Brookline Center also hosts two observation groups in which clinicians are invited to watch as expert clinicians conduct long-term process groups. This represents a unique and highly educational opportunity to study group dynamics, and postdocs will spend at least a portion of their year taking advantage of this opportunity.

Qualifications for Group Specialization

Candidates should demonstrate an established interest and prior training in group therapy; prior training and experience with interpersonal process groups is preferred. Please know that candidates selected for the position must be available to work at least two evenings a week, but schedules regarding which days may be negotiated.

Application Process:

Interested candidates should send a cover letter, cv, and two letters of recommendation, If there are additional questions, please email training@brooklinecenter.org

Prospective interviewees will be notified accordingly. We will try to make selections by early April, but no exact timetable will be followed.