



**the brookline center**  
for COMMUNITY MENTAL HEALTH

We hope you will have an exciting, engaging and educational time observing our ongoing psychotherapy group. Prior observers have reported this to be an exceptional learning experience, and we hope you will find it so, too.

<b>Observation Group 1</b> Thursdays 10 – 11:45am <i>Leaders: Annie Weiss, LICSW &amp; Tracy MacNab, PhD</i>	<b>Observation Group 2</b> Tuesdays 10:15am – 12 noon <i>Leaders: Joel Krieg, LICSW, &amp; Julie Anderson, PhD</i>
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### Your participation

There are some “rules of the game” you must accept in order to participate as observers in this experience. They are all designed to enrich your learning experience and to protect the patients in the group.

1. You must enter the group room prior to the group’s beginning. If you find you are running late and the group has already begun, do not enter the room. You are free to join us for the didactic period following the group.
2. Do not bring food or drink.
3. Do not take notes.
4. Do not speak, even if spoken to by a group member (The members know this rule so they would just be testing you.). If a member speaks to you outside the group you may be cordial but do not get involved in a discussion.
5. Maintain the strictest rules of confidentiality regarding everything you hear and observe in this group.
6. The fee is \$200 for a 10-week observation period payable in full by check or credit card. Observers commit to observing the same group during the designated period, and payment is expected in full at the start.

There is a 50 percent discount available for members of the Northeast Society for Group Psychotherapy (NSGP).

### Recommended reading

Rutan, Stone, & Shay Psychodynamic Group Psychotherapy (4th Edition), Guilford, 2007.

## **Recommended approach**

As you go through your observation experience you may find it helpful to vary the focus of your observation. For example, you may observe the leader, the group process, the process of a single individual, the continuation of particular themes from week to week, the “whole group” dynamics, the body language of the members, etc. You can vary your focus from session to session. It will be useful for you to note your first impressions of individual members and to compare them with your impressions of the same members later.

We look forward to working with you.

Regards,

Julie Anderson, PhD  
Joel Krieg, LICSW, CGP  
Tracy MacNab, PhD  
Annie Weiss, LICSW