Dear Friends,

After decades when mental health topics were largely ignored or avoided, recent events have focused attention on the urgent need to expand access to and adequately fund mental health care.

The reality is that mental health has always been a central driver of our overall health, influencing everything from our physical functioning to our financial stability to our closest relationships. It is a fundamental part of our wellbeing and affects every layer of our community. Yet, we often take mental health for granted until something goes wrong.

Thanks to our generous supporters, Brookline Community Mental Health Center is centered on Brookline’s mental health and wellbeing every day. Whether we’re supporting a teen in crisis or helping a family get back on its feet, our services stabilize and transform thousands of lives each year.

Our reach is even greater: Through our collaborations with dozens of local agencies, we’ve created an invisible web of support throughout the community.

In this report, you’ll hear from some of the community professionals who work with the Brookline Center. They are partners who witness the impact of mental health in our community and know what a difference it makes when we invest in community wellbeing.

None of this could happen without your support and partnership. Thank you for keeping mental health at the center in Brookline.

Cynthia D. Price
Executive Director

Peter Norstrand
President
Brookline Community Mental Health Center works to make Brookline the strongest, healthiest community possible. We open our doors to all who need us, no matter the severity of their condition or ability to pay. From our home on Garrison Road and through dozens of community-based programs and services, we make outstanding care possible wherever and whenever Brookline needs us.

Your support this year strengthened...

**WITH MENTAL HEALTH AT THE CENTER**

**TOGETHER, WITH OUR PARTNERS. HERE, WITH YOU.**

Good mental health produces positive outcomes in so many areas—from schools to housing to health care. Few communities are strategic, though, in addressing the interwoven, often complex mental health and social needs of their residents. Brookline is different.

As the town’s lead resource for mental health, Brookline Community Mental Health Center partners with dozens of agencies to provide comprehensive and highly effective services to individuals and families. We help our partners incorporate a deeper appreciation for mental health and wellbeing in their work, as well. Through these formal collaborations and in many less visible ways, the Brookline Center is here, providing essential mental health services and valuable expertise in a variety of settings. By taking the lead on our town’s mental health needs, we help our partners focus on what they do best and elevate our collective impact.

Together, we’re creating a healthier Brookline for all.
Patrick Dober
BROOKLINE HOUSING AUTHORITY

“Sometimes people face difficulties—economic trouble, an abusive relationship, various types of mental health issues—that make it difficult to comply with the terms of their housing lease. It’s much more likely that difficult situations will get resolved when we have the Brookline Center to support residents who need assistance. Our property managers know that the Brookline Center is always available to step in, whether it’s with short-term urgent counseling or a longer-term program of support. Many, many of our residents have benefited in life-changing ways from this partnership. And our property managers are better able to focus on doing a great job maintaining public housing properties as positive places to live.”

Sue Welpton
BROOKLINE COUNCIL ON AGING

“The Brookline Center’s consultation services are great. Any of our social workers can call them up to say, ‘This is a bit of a puzzle. How would you deal with this?’ The Center also has programs that we have used a lot—homelessness prevention, for example. Brookline is a high-cost community and you don’t find affordable housing very easily. The Center has housing resources and emergency funds that we can access to support seniors who may need to make a move.

Seniors in Brookline get the expertise of two groups who have great synergy and, together, can develop plans to take the best care of people. It’s hard for me to imagine where we would have found a better partner.”

Principal Pipier Smith-Mumford
PIERCE SCHOOL

“Increased enrollment means we’re seeing many more students at younger and younger ages with psychological issues that schools are hard pressed to tackle on their own. Our goal is to have every student reach their greatest potential, but if students are preoccupied with social-emotional concerns, then teaching and learning can’t go on. Trying to address these needs is a huge responsibility.

The Brookline Center helps us put resources in place that students need to be able to benefit fully from school. The Center works with students and families directly in multiple ways, and their teams confer with our staff. Because of this collaboration, I can confidently say we’re doing everything we can to support our kids. And we can teach more effectively because we have kids who feel healthier, who know that they have someone listening to them and helping them work things out.”

This year, 1,464 of the Brookline Center’s clients were children.

We provided 2,816 hours of school-based counseling and ran 26 support groups for Brookline kids.

Our Bridge for Resilient Youth in Transition Program is now operating in 42 Massachusetts communities, including our flagship program at Brookline High School.

1,464
2,816
42

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2,816
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Dr. Peter Gonzalez  
**BETH ISRAEL DEACONESS MEDICAL CENTER**

“It’s frustrating when you know that you could take better care of medical problems—conditions like high blood pressure and diabetes are actually pretty manageable—but you don’t get anywhere with certain patients whose complex socio-economic or mental health issues stand in the way.

The Brookline Center’s team provides intensive care management for patients who, left to their own devices, wouldn’t know where to go or what to do. There are problems the team has been able to solve—like finding suitable housing or accessing benefits—that doctors are not as equipped to address. Once these psychosocial needs are taken care of, the medical problems become easier to treat. I think success depends on making a personal connection. The Brookline Center team doesn’t give up after one phone call or missed appointment; this makes all the difference. Without them, these patients would wind up spending a lot of their time in the emergency room.”

**CENTERED ON PUBLIC SAFETY**

Sergeant Jennifer Paster  
**BROOKLINE POLICE DEPARTMENT**

“Up until a few years ago, our response to assisting residents with mental health issues was a reactive one; we were putting on Band-Aids. By partnering with the Brookline Center, we’ve become more proactive, building relationships with people in the community and finding solutions to head off a crisis, instead of being a last-resort emergency call.

Ultimately, our goal is to keep people out of the criminal justice system who don’t belong there. Without the Brookline Center in place, our options would be limited to an emergency room, making an arrest, or even walking away. The Brookline Center has been a tremendous partner for us—we can make a referral on the spot. They’ve even come out and responded with our officers in a time of crisis.”

**WE PARTNER WITH BOSTON-BASED PRIMARY CARE PRACTICES TO IMPROVE HEALTH OUTCOMES FOR ADULTS WITH CHRONIC MEDICAL CONDITIONS AND SERIOUS MENTAL HEALTH ISSUES. IN 2015, OUR PATIENTS SAW A 35% DROP IN E.R. VISITS AND A 19% REDUCTION IN HOSPITALIZATIONS.**
Few communities can count on a comprehensive mental health resource like Brookline Community Mental Health Center. To make it possible, we rely on individual and institutional donors who understand the critical importance of access to mental health care and recognize the role the Center plays in creating a healthier community for all.

For additional financial information, please contact Director of Finance Johanna Chilingirian at 617.277.8107.

**REVENUE**

Philanthropy contributes 25 percent of the Brookline Center’s income. This year for the first time charitable giving to the Center topped $82 million in annual and multi-year gifts.

Support from private foundations accounted for 57 percent of philanthropic revenue, much of it restricted for innovative Center programs like Bridge for Resilient Youth in Transition, Healthy Lives, Women and Girls Thriving in Brookline, and In-Home Therapy.

More than 793 generous individuals and companies made donations totaling $861,903 this year, reflecting an 8 percent increase from fiscal year 2014. Those gifts sustain core services, reduce waiting lists for our most in-demand programs, and expand outpatient care to reach more individuals in need.

**EXPENSES**

Eighty-four percent of every dollar contributed to the Brookline Center this year directly funded mental health programs and services, including clinic operations at 41 Garrison Road and 40 Webster Place. The remaining 16 percent was used to fund administrative and management activities, including billing, financial management, fundraising, and depreciation.

**CENTERED ON GRATITUDE**

Your generosity moves us closer to a day when every adult and child in our community can access mental health care in times of need. We are so deeply grateful for your support. Thank you.

**$100,000+**

- Anonymously
- Blue Cross Blue Shield of Massachusetts Foundation
- Cummings Foundation
- Ehrman Family Foundation
- Robert Wood Johnson Foundation
- United Way of Massachusetts Bay and Merrimack Valley

**$25,000–$99,999**

- Cabot Family Charitable Trust
- Hamilton Company Charitable Foundation
- John and Geraldine Wolf Foundation
- Nancy Lincoln and Louise “Buddy” Fund
- The Miriam Fund

**$10,000–$24,999**

- Anonymously
- American Tower Corporation
- Sandy and David Rakita
- David and Nicole Beeker
- Brookline Community Foundation
- Cosette Charitable Fund
-笛子 & Touche LLP
- Wendy and Peter Gordon
- Janey Fund Charitable Trust
- Mark Jenner
- Georgia and Bruce Johnson
- Gerald Family Foundation
- Overbrook Foundation
- Devo and Michael Powell
- Prospect Fund
- TD Securities

**$5,000–$9,999**

- Mark and Allison Ally
- Helen Chaitcopoulos and Joseph Biderman
- Gordon and Wendy Crampton
- Deborah and Tom Duscord
- Bess and Jeffrey Foreman
- Michele Finkel and Barry Weiszman
- George and Marie Hugos
- Hsin-Lan Chang Fund for Single Mothers of the Brookline-Community Foundation
- Kingsley H. Murphy Family Foundation
- Leo Waterman Fund
- Alan and Harriet Lower
- Leonard and Karen Miller
- Sergio and Suzanne Modigliani
- Phil Nicotra
- Peter Norstrand and Katherine Tallman
- Jane and Neil Pappalardo
- PricewaterhouseCoopers LLP
- Santander
- Brad Singer
- Sister and Johnny Foundation
- Jodi and Robert Boleff
- Michael and Emily Speicher
- Leah and Jonathan Stern
- Ellis Stroemsten
- Chris Taylor

**$2,500–$4,999**

- Bolin Alton and Taifa Hermann
- Bank of America Merrill Lynch
- Bank of Canton
- Beacon Wealth Advisors, LLC
- Beth Israel Deaconess Medical Center
- Blue Cross Blue Shield of Massachusetts
- Boston Private Bank & Trust Company
- Brookline Bank
- Brookline Rotary Club
- David and Nicole Chang
- Chloebay
- Hoy and Associates
- Commonwealth Fund
- Fairview Independent Mortgage
- Soothe Group
- Sandra lazara
- Helen and Edmond Hess
- JP Morgan Chase
- Rachel and Seth Kalvert
- Kate and Steve Kelley
- Dana and David Laronzi
- Lea Yasses and David Mandell Fund
- Jodi and Michael Moskow
- Midtown Savings Bank
- Paul and Andrea Miele
- Millesa Fund
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- Salesforce Foundation
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- Pug and Stephen Senturk
- Shalaw
- Rachel and Phillip Short
- Ellen Baby and Bruce Richardson
- Carol and Ted Steinemetz
- Topper Charitable Foundation
- Tatelman Family Foundation
- Barbara and John VanCourt
- Kristin and Josh Vitali
- Tara and Ken Owest
- Gianfranco Zaccari and Carmen Buss

**$1,000–$2,499**

- Anonymously
- Deborah Alber
- Phyllis and David Adelson
- AIG
- Jerry I. Jones and Karen Tucker
- Bank of America Charitable Foundation
- Barrington Foundation
- Peter Bell
- Jane and Leonard Bemont
- Bigfield Fund
- Ellen and David Blumenthal
- Brookline Liquor Matt
- Deborah and David Brooks
- Lacy Chiu and Justin Campbell
- Charles and Marisa Coreth
- Andre and Marilyn Dunseh
- Richard and Lori Day
- Keith Denham
- Eastern Bank Charitable Foundation
- Paul and Sandra Edgerley
- Yoko and Evan Egoty
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- Connie Gilson
- Marlene and Jerome Golstein
- Christine Grice and Foltz Hart
- Granus Family
- Glenn Goldberg and Michael Maynard
- Jason and Jillian Hires
- Edward and Betsy Jacob
- The Jensen Family Fund of the Blue Mountain Community Foundation
- Kenneth and Catherine # **EDNA STEIN LEADERSHIP GIVING SOCIETY MEMBER**

# **DECEASED**
Together, we are providing outstanding care that transforms lives.

JOIN US IN 2016 FOR

WOMEN AT THE CENTER
FEBRUARY 4, 2016

BELIEVE IN BROOKLINE KIDS
MAY 21, 2016

Gifts received July 1, 2014 to June 30, 2015.
If you prefer future listings to be different from what appears here, please contact Maggie Ginn at 617.277.8107.
For a full listing of donors, please visit brooklinecenter.org/thankyou

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WRITING: Katie Bayer

GET DETAILS BY EMAIL
at brooklinecenter.org/contact

MAKE A GIFT
at brooklinecenter.org/donate

CENTERED ON WHAT’S NEXT

BROOKLINE COMMUNITY MENTAL HEALTH CENTER